

# Wordle: Exercise Your Brain

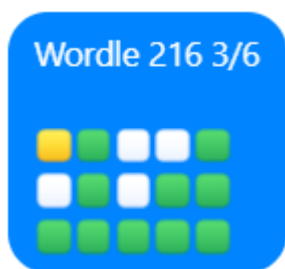
Have you heard of Wordle? It's the newest craze, a brain exercising word game played on your phone, tablet or computer. It's not an app, but a website accessed online.

## Wordle Explained

It's quite simple. You have six tries to guess a valid five lettered word. Apparently if you try a word that does not exist you will be told so. The words are randomly selected by the site, one a day. At midnight a new one is generated, automatically. Everyone playing gets the same word each day.

On your screen, with each attempt, tiles with correct letters in the correct spot will be green. Tiles with letters in the word but in the wrong spot will be yellow. Tiles of letters not in the word at all will be gray. The coloured tiles indicate which letters have been used and which ones are still available to use.

For example, this was my first attempt. I started with the word CRANK, the C is in the word but not the first letter. The R and K were in the word and in the correct spots. Based on that, my second guess was TRUCK. Now the R, C and K were correct and in the right spots, the first and third letters were not yet chosen. My third guess was PRICK. The all green tiles shows this was correct!



It reminds me of [Lingo](#), a very similar game on the TV game show channel I used to play with my eldest son.

# Play on Your Phone, Tablet or Computer

To access Wordle online follow these simple steps:

## On your phone:

- Type in [powerlanguage.co.uk](https://powerlanguage.co.uk) in Google Chrome, Firefox or Microsoft Edge browser
- tap on the menu button. That's the 3 vertical dots at the top or bottom of your screen.
- choose "add to home screen"
- tap "add" to finish the process

## On your computer:

use [this link](#)

## Work Your Brain

These kind of word games are purportedly good for the brain. Research has shown that in brains over fifty years of age, word games like Wordle and crosswords or number games like [Sudoku](#) improve memory, problem solving, and focus.

As I warned you previously, [if you don't use it you lose it!](#)

## Warning About Wordle

If you haven't already, you should soon start to notice lots of these Wordle blocks on the various forms of social media. That's because when you get the answer right, you can show off how smart you are by "sharing" your results.

Wordle can be addictive! It's just as well you only get one per day.

